# Kitchen Get rid of outdated spices and food Defrost and clean fridge and freezer Clean inside of microwave Clean out and wipe down inside of all drawers and cabinets Wipe down cabinets and top of fridge Pull out fridge and clean underneath Clean oven, inside and

### Bedrooms

out

□ Dust ceiling fan
□ Wash or replace
sheets
□ Vacuum mattress
□ Clean and vacuum
under bed
□ Wash or replace
pillows

### All Rooms

□ Wipe down baseboards
 □ Clean air vents
 □ Dust blinds and
 windows
 □ De-clutter any
 drawers/messy areas
 □ Clean windows
 □ Vacuum/Mop Floors
 □ Replace HVAC/Furnace
 Filter

# Laundry Room

☐ Move washer/dryer
and clean behind
☐ Vacuum dryer vent
☐ Clean out cabinets
and drawers
☐ Wipe down cabinets

# Living Room

□ Dust around and behind TV
 □ Clean fireplace
 □ Clean window treatments/furniture
 □ Wash, vacuum, or replace dog beds

## Outdoors

- ☐ Clean light fixtures
  ☐ Wash outdoor furniture
  ☐ Clean sliding glass
  door tracks
  ☐ Power wash
  cement/cracks
- ☐ Plant flowers
- ☐ Clean/repair gutters

# Garage

☐ Dejunk and Organize
☐ Sweep or shop vac
floor, corners, shelves,
workbenches, etc
☐ Replace lightbulbs
☐ Repair/service garage
doors

# Bathrooms

☐ Throw away expired cosmetics
☐ Clean mirrors, countertops, sink
☐ Change shower curtain
☐ Clean floors, bath tub, and toys
☐ Clean in, around, and behind toilet
☐ Unclog drains

### Closets

☐ Donate or toss old
clothes and shoes
☐ Pack up winter clothes
☐ Wash/hang up spring
clothes
☐ Dust/wipe down shelves
☐ Clean or replace
laundry basket

